FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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	Check this box if no longer subject to
١	Section 16. Form 4 or Form 5
)	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FRODSHAM JAMES						2. Issuer Name and Ticker or Trading Symbol CIENA CORP [CIEN]									Check	all app	licable)		Person(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) C/O CIENA CORPORATION 1201 WINTERSON ROAD					3. Date of Earliest Transaction (Month/Day/Year) 07/28/2010										X	belov	v) ``		below) rategy Officer	
(Street) LINTHICUM, MD 21090					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									G. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate) (Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) i	Execution f any	A. Deemed Recution Date, any Ionth/Day/Year)				ities Acquired (A) d Of (D) (Instr. 3,			4 and S		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	()	A) or D)	Price	.	Transaction(s)				(111501.4)
Common Stock 07/2					3/2010				A		7,700	(1) A		\$	\$0 155,667 ⁽²		5,667(2)	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, if any					ransaction of ode (Instr. Deriva		ative rities ired sed	6. Date E Expiratio (Month/D	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	Deriv Secu	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	(D) irect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Code		Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of Sha									

Explanation of Responses:

- 1. Reflects a grant of Restricted Stock Units (RSUs) that vest over one-year period, with one- fourth of the grant amount vesting on September 20, 2010, December 20, 2010, March 20, 2011 and June 20, 2011.
- 2. Shares reported include unvested Restricted Stock Units (RSUs).

By: Erik Lichter For: James A Frodsham

08/18/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.