FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

											iipaiiy Act t								
1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol CIENA CORP [CIEN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
FRODSHAM JAMES						[0]									Dire	ector	10% (Owner	
(1 aat)	3 Da	Date of Earliest Transaction (Month/Day/Year)									X Offi bel	cer (give title ow)							
(Last)		04/12/2019									SR	a. VP, Chief	Strategy Office	cer					
C/O CIENA CORPORATION 7035 RIDGE RD.																			
	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)														- 1	,	m filed by On	e Reporting Pers	son	
HANOV	HANOVER MD 21076-142			<u> </u>											For	Form filed by More than One Reporting Person			
(City)	City) (State) (Zip)														1 (1301)				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date,			Transaction Dispose Code (Instr. 5)			ities Acquired (A) d Of (D) (Instr. 3, 4			Secu Bene Own	nount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(<i>A</i>	() or ()	Price		saction(s) r. 3 and 4)		(Instr. 4)			
Common	/2019			S		2,000(1	1)	D	\$37.	4 1	32,442 ⁽²⁾	D							
		Та	ble II - D								sed of, onvertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, Transac Code (Ir			of Deriv Secu Acqu (A) or Dispo of (D) (Instr	of E		exercis on Date Day/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	s. Price of Derivative Gecurity Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)				Expiration Date	Title	Amo or Num of Sha	nber					

Explanation of Responses:

- 1. Sales were effected pursuant to Rule 10b5-1 trading plan dated 1/14/2019.
- 2. Shares reported include unvested Restricted Stock Units (RSUs) and Performance Stock Units (PSUs).

By: Michelle Rankin For:
James A. Frodsham

** Signature of Reporting Person

Date

04/15/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.