FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					or Se	ction	30(n)	of the II	nvestme	ent Co	mpany Act	of 19	140							
1. Name and Address of Reporting Person* ALEXANDER STEPHEN B (Last) (First) (Middle) C/O CIENA CORPORATION 7035 RIDGE RD.				2. Issuer Name and Ticker or Trading Symbol CIENA CORP [CIEN]									5 (0	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
					3. Date of Earliest Transaction (Month/Day/Year) 07/15/2019										belov	,	chnolo	Other (spe below) hnology Officer		
(Street) HANOV	HANOVER MD 21076-1426				4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Noi	n-Deriva	ative S	Seci	uritie	s Acc	quired	, Dis	posed c	of, o	r Ben	efici	ally O	wne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Ex if a	A. Deemed xecution Date, any lonth/Day/Year)		Transaction Disposed Code (Instr. 5)			ties Acquired (A) d Of (D) (Instr. 3, 4			4 and Sec Bei Ow		Amount of ecurities eneficially wned Following		nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount		(A) or (D)	Price	. 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 07/15				07/15/	/2019		S		2,500	(1)	D \$4		1.3	104,943 ⁽²⁾			D			
		Та									osed of, onvertib				y Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Expirati (Month/	on Da		7. Title and Amount of Securities Underlying Derivative Security (Inst and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	wnership orm: rect (D) Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
								_	Date .		Expiration		or Nur of	nber						

Explanation of Responses:

- 1. Sales were effected pursuant to Rule 10b5-1 trading plan dated 6/26/18.
- $2. \ Shares \ reported \ include \ unvested \ Restricted \ Stock \ Units \ (RSUs) \ and \ Performance \ Stock \ Units \ (PSUs).$

By: Michelle Rankin For: Stephen B. Alexander

07/16/2019

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.