FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* FRODSHAM JAMES						2. Issuer Name and Ticker or Trading Symbol CIENA CORP [CIEN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					1											Director			10% C	wner	
														_	X		er (give title			specify	
(Last)	(Fii	rst) (Middle)					st Trans	action (N	1onth/	Day/Year)					belov	,	.	below)		
C/O CIENA CORPORATION					11/15/2016									SR. VP, Chief Strategy Officer							
7035 RIDGE RD.				1 If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable							
					4. 11	Ame	mument,	, Date 0	Origina	ı Filet	גליוווווטואו) ג	ду/ те	ai)		ine)	iuai 0	i John/Group	rillig (CHECK A	ppiicable	
(Street)		_													X	Form	n filed by One	e Report	ing Pers	on	
HANOV	ER M	D 2	21076-14	26												Form filed by More than One Reporting					
-																Pers				9	
(City)	(St	ate) (Zip)																		
		Tabl	e I - Nor	า-Deriv	ative	Se	curitie	s Acc	quired,	Dis	posed o	f, o	r Ben	eficia	ally O	wne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and S		5. Amount of Securities Beneficially Owned Following		ership Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership			
										v	Amount		(A) or (D)	Price	, 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 11/15/					5/2016				S		2,000	1)	D	\$22	2.4	150,695(2)		Ι)		
		Та									osed of,				y Ow	ned		,			
			(e.g., pu	ıts, c	alls	, warr	ants,	option	ıs, c	onvertib	le s	ecuri	ties)							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, Transaction Code (Ins					6. Date E Expiratio (Month/I	on Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr and 4)		str. 3		ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	m: ect (D) ndirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	ount mber ires							

Explanation of Responses:

- 1. Sales were effected pursuant to Rule 10b5-1 trading plan dated 9/14/2016.
- 2. Shares reported include unvested Restricted Stock Units (RSUs) and Performance Stock Units (PSUs).

By: Michelle Griswold For: 11/15/2016 James A. Frodsham

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.